



Affiliated to ASASER

Invite you to

# **The Erik Jack Memorial Open Meet 2018**

Level 3 License  
3SE180585

Held under ASA Law

50's in all strokes + 100 I.M. + 100  
Freestyle

**A/B/C Grade Meet – PRIZES FOR ALL GRADES**

Age groups 9-10, 11, 12, 13, 14+

## **Sunday 4<sup>th</sup> March 2018**

**Fred Lyons Swimming Pool  
Arun Leisure Centre  
Felpham Way  
Bognor Regis**

## BOGNOR REGIS SWIMMING CLUB

(Affiliated to South East Region ASA)

### The Erik Jack Memorial Open Meet Promoter's conditions

The Organizers reserve the right to amend the program and these conditions to ensure the efficient and timely running of the Meet

- ★ This competition will be held under ASA laws and ASA technical rules
- ★ This Meet has been licensed at level 3, for qualifying into Regional meets
- ★ **Events:** Events will consist of 50m all four strokes, 200m freestyle and 100m Individual Medley
- ★ **Age Up Date:** for this meet will be age as at 4<sup>th</sup> March 2018
- ★ **Age Groups:** For this meet are 9-10 yrs., 11yrs, 12yrs, 13yrs and 14yrs+
- ★ Prospective competitors must be registered (or have applied for registration) with the ASA to enable them to compete in this meet.
- ★ **Entries:** will be by Hi-tech meet manager software. Individual manual entries will be considered and Will attract an administration fee. Entries should be emailed to secretary@brsc.co.uk
- ★ **Closing date:** for entries is 20<sup>th</sup> February 2018 Midday
- ★ **Late entries:** will be considered. The promoters reserve the right to accept entries at their discretion
- ★ **Entry Fees:** All entries £5:50 per event. Administration fee for manual entries £1:00 per athlete. Payment must be made on a single club cheque made payable to Bognor Regis Swimming Club. BANK DETAILS Barclays Bank, Account Name Bognor Regis Swimming Club, Sort Code 20-20-62, Account No. 40144088.
- ★ **Incorrect Entries:** To ensure that this competition is fair any swimmer/club found to be submitting incorrect or false times may be removed from the meet. In this case refund of entry fees will not be Given.
- ★ **Rejections:** Entries will be restricted to a first come first served basis in order to keep the meet times within ASA rules for competitive meets.
- ★ **Entry confirmation:** Clubs will be provided with a summary of accepted entries as soon as possible After the closing date by email.
- ★ **Refunds:** where it is necessary to restrict entries, a refund will be given and available for coaches /team managers to collect at the event.
- ★ **Coaches:** Passes must be applied for with the entry forms (£5:50 each). Coach pack includes Admission poolside, programs, warm up schedule, sign out sheets and coaches passes. Packs should be collected, on the day, from the admissions entry point. Only those with a coach's pass will be allowed poolside.
- ★ The meet will run by "**Sign out**" procedure. Sign out sheets from the coaches' pack, should be Returned by the stated time.
- ★ **Warm Up:** The pool will be available for warm up prior to each session. Times set out in the warm up schedule. Warm up will be controlled by the warm up marshal. Coaches/Team managers of each club are responsible for ensuring that their swimmers follow the guidelines laid down, act Responsibly and warm up in the time allotted for their age group and gender.
- ★ **The pool:** Is 25 meters (Short course), has 8 lanes, and has Anti-turbulence lane ropes. Full Colorado Electronic Timing will be used for this meet.
- ★ **Heat marshalling:** All swimmers must report to the heat marshalling (whipping) area when Instructed to do so. Any competitor failing to report on time may be excluded from that event.
- ★ All events will start at the deep end of the pool.
- ★ Over the top starts may operate at the discretion of the lead referee and the meet management.
- ★ Each event will incorporate all age groups as promoted (using submitted times to seed)
- ★ **Awards:** Provided they have completed their race without disqualification, medals or trophies will be Awarded to the first three places in all age groups in categories A, B and C. Category A will include all swimmers beating the B grade time. Category B will be swimmers beating the C grade time but slower than the B grade time. Category C will be swimmers slower than the C grade time. **There will be no presentations.**

- ★ **Top Club Trophy:** The 'Top Club Trophy' will be awarded to the club gaining the most number of points. Categories will be ignored for the purpose of calculating the Top Club Trophy points, which will be awarded on the following basis:-  
1<sup>st</sup> - 8 points, 2<sup>nd</sup> - 7 points, 3<sup>rd</sup> - 6 points, 4<sup>th</sup> - 5 points, 5<sup>th</sup> - 4 points, 6<sup>th</sup> -3 points, 7<sup>th</sup> - 2 points, 8<sup>th</sup> - 1 point.
- ★ **Results:** will be posted alongside the marshalling area and in the main café area. Medals will be available for collection from the medals table. Results will also be made available on our website (brsc.co.uk) by the end of the following week.
- ★ **Video recording/photography/mobile telephones: personal photography is allowed subject to the A.S.A Wave power guidelines.**
- ★ **Data Protection:** Meet entries and results will be held and managed on a computer. Your consent To the holding of personal information is deem to be given by the submission of your entry to the Bognor Regis Swimming Club.
- ★ **Security:** Competitors are advised not to leave their belongings unattended. Bognor Regis Swimming Club or Inspire Leisure can accept responsibility for any property that is either lost or stolen.
- ★ The meet management reserve the right to remove any spectators or swimmers from the pool whose behavior is either against the swimming center rules or the efficient running of the meet.
- ★ The meet management reserves the right to amend the program to ensure the timely running of the meet
- ★ Any matters not covered by these conditions will be dealt with in accordance with the laws of the Sport and at the discretion of the meet management. By submitting an entry participants have deemed to agree to such decisions.

**SPECTATORS ARE ASKED TO VACATE THE POOL AREA AT THE END OF SESSION 1**



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## 4<sup>th</sup> MARCH 2018

### UPPER LIMIT QUALIFYING TIMES

<b>BOYS</b>					
<b>EVENT</b>	<b>9-10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14+</b>
<b>50M FREESTYLE</b>	35.0	33.0	31.7	29.4	27.5
<b>50M BREASTSTROKE</b>	47.8	44.8	41.0	38.8	36.2
<b>50M BUTTERFLY</b>	41.5	36.5	34.3	33.4	31.0
<b>50M BACKSTROKE</b>	41.1	38.1	35.8	34.1	32.2
<b>100M IND MEDLEY</b>	1.25.80	1.23.80	1.22.20	1.11.40	1.10.90
<b>100m FREESTYLE</b>	1.18.10	1.11.70	1.05.40	1.03.30	59.30
<b>GIRLS</b>					
<b>EVENT</b>	<b>9-10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14+</b>
<b>50M FREESTYLE</b>	34.6	33.0	30.7	29.4	27.5
<b>50M BREASTSTROKE</b>	47.1	44.2	40.1	39.9	38.1
<b>50M BUTTERFLY</b>	40.2	37.4	34.4	32.6	32.5
<b>50M BACKSTROKE</b>	40.4	37.6	35.5	34.3	33.8
<b>100M IND MEDLEY</b>	1.30.10	1.24.10	1.17.70	1.16.00	1.12.60
<b>100m FREESTYLE</b>	1.16.10	1.12.70	1.07.20	1.04.30	1.20.90

Swimmers may NOT be faster than the times listed above



## The Erik Jack Memorial Open Meet 4<sup>th</sup> MARCH 2018

ARUN LEISURE CENTRE, BOGNOR REGIS, PO22 8ED

### Session 1

Doors

Open: 8.00am

Warm up: 8.30am

Start: 9.00am

					B Time	C Time
Event 1	Girls	9-10	160m	Backstroke	14.11.10	15.20.10
	Girls	11-10	160m	Backstroke	14.12.17.0	15.16.07.0
2	Girls	121	160m	Backstroke	14.05.40	14.16.34.0
	Boys	132	160m	Freestyle	13.33.30	13.18.53.0
	Boys	143	160m	Freestyle	3.59.6.0	13.05.03.0
	Boys	9-10	500m	Freestyle	30.7.0.10	32.17.80
	Girls	11	50m	Breaststroke	44.20	48.80
4	Boys	12	50m	Butterfly	34.30	38.30
	Boys	13	50m	Butterfly	33.40	37.40
	Boys	14+	50m	Butterfly	31.00	35.8
5	Girls	9-10	50m	Backstroke	40.40	44.40
	Girls	11	50m	Backstroke	38.10	42.10
6	Boys	12	50m	Freestyle	30.70	34.70
	Boys	13	50m	Freestyle	29.40	32.40
	Boys	14+	50m	Freestyle	27.50	30.40
7	Girls	9-10	50m	Butterfly	40.20	44.20
	Girls	11	50m	Butterfly	37.40	40.40
8	Boys	12	50m	Breaststroke	41.00	45.00
	Boys	13	50m	Breaststroke	38.80	41.80
	Boys	14+	50m	Breaststroke	36.20	39.20
9	Girls	9-10	50m	Freestyle	34.60	37.60
	Girls	11	50m	Freestyle	33.10	36.10
10	Boys	12	50m	Backstroke	35.50	39.50
	Boys	13	50m	Backstroke	34.10	38.10
	Boys	14+	50m	Backstroke	32.20	36.20
11	Girls	9-10	4x25m	IM	1.30.10	1.34.10
	Girls	11	4x25m	IM	1.24.10	1.28.10
12	Boys	12	4x25m	IM	1.22.20	1.26.20
	Boys	13	4x25m	IM	1.11.40	1.16.40
	Boys	14+	4x25m	IM	1.10.90	1.15.90



## **The Erik Jack Memorial Open Meet 4<sup>th</sup> MARCH 2018**

### **Session 2**

**Doors Open: TBC**

**Warm up: TBC**

**Start: TBC**

					<b>B Time</b>	<b>C Time</b>
Event 13	Boys	9-10	100m	Freestyle	1.18.10	1.21.20
	Boys	11	100m	Freestyle	1.11.70	1.14.70
14	Girls	12	100m	Freestyle	1.12.20	1.15.70
	Girls	13	100m	Freestyle	1.04.30	1.08.30
	Girls	14+	100m	Freestyle	1.20.90	1.24.90
15	Boys	9-10	50m	Breaststroke	47.80	51.80
	Boys	11	50m	Breaststroke	44.80	48.80
16	Girls	12	50m	Butterfly	34.40	38.40
	Girls	13	50m	Butterfly	32.60	36.60
	Girls	14+	50m	Butterfly	32.50	36.50
17	Boys	9-10	50m	Backstroke	41.10	44.10
	Boys	11	50m	Backstroke	38.10	41.10
18	Girls	12	50m	Freestyle	31.10	35.10
	Girls	13	50m	Freestyle	29.90	33.90
	Girls	14+	50m	Freestyle	27.50	31.50
19	Boys	9-10	50m	Butterfly	41.50	44.50
	Boys	11	50m	Butterfly	36.50	39.50
20	Girls	12	50m	Breaststroke	40.10	44.10
	Girls	13	50m	Breaststroke	39.90	42.90
	Girls	14+	50m	Breaststroke	38.10	41.10
21	Boys	9-10	50m	Freestyle	35.30	39.30
	Boys	11	50m	Freestyle	33.00	37.00
22	Girls	12	50m	Backstroke	35.50	41.50
	Girls	13	50m	Backstroke	34.30	38.30
	Girls	14+	50m	Backstroke	33.80	37.80
23	Boys	9-10	4X25	IM	1.25.80	1.29.80
	Boys	11	4x25	IM	1.23.80	1.26.80
24	Girls	12	4x25	IM	1.17.70	1.21.70
	Girls	13	4x25	IM	1.16.00	1.19.00
	Girls	14+	4x25	IM	1.12.60	1.15.60